

26.5.14

Hello.

I'm [redacted] 15 years old

I've been here in Nauru for more than 10 months
I've got different ideas

my ideas about the health care:

we've not health care in Nauru. The only thing that they tell us when we are sick. They will give us paracetamol for any problem or they will tell us to drink water. Or they will send us to a terrible room/Tent called isolation room/Tent. This room is dirty no air condition, really hot, smelly not a place for a sick person. So everybody hide their problems from IHMS. Isolation tent was a nice place before but they just change ~~it~~ it to isolation tent.

So when a person get an communicable illness it gets to every one.

~~we~~ we've got not a good situation for toilets and showers here they are so dirty and we've got only two shower and lots of people using cleaners frequently come and clean the toilets.

Mental. people mental is terrible here. the only thing that we are thinking about is to get out of camp and get our freedom back.

many people miss smallest thing like just getting in their own shower no one will tell them 30-second so they will have a peaceful shower.

I think that I'm not going to get out of here and I find it so unfair and bad.



I've changed alot i'm not fun anymore I'm just thinking about bad stuff now.

I was thinking to become a doctor but not anymore I've to get out of here and is going to take a long time.

whole day I'm just thinking about am I going to get out of here? when? what's gonna happen? and etc... am I going to stay here for a long time?

Most of the time I'm just thinking are they going to accept our case or not if they didn't what do I have to do that's the reason why I came here what do I have to do? how long is it gonna take? I'm just thinking that I'm a prisoner in a jail. it makes me feel terrible. ☹️

well beging.

I've got just 4.5 hour sleeping in a day I'm just staying in my room while the time I feel so weak most of the time but I couldn't sleep so I'm in Tent whole the day really noisy children crying parents shouting at their children this all make me to think more and more. it really make me worrie that if they didn't accept us as a refugee what? How long are we going to stay here again I hope not more 10 month. I couldn't go back IRAN what do I have to do? I couldn't spend whole of my life in camp.

I'm not eating alot I don't like the food we've find found many insect in our food

3/3

So I just ~~at~~ drink juice or fruit.
and I stay in room the rest of my day.

education.

I couldn't do study here I couldn't it make
me feel really bad thinking about what's gonna
happen. in

cuz I was wondering to become a doctor but not
anymore with this bad situation.

I really want to go to university and become a
doctor and be like other but I don't think
that I can do that.

family.

There is no such word as family in our
camp. They are getting separate they/we
get angry at smallest thing and we shout
at who ever is around us so we get sad
and separate. for example my own family each
of us had got their own room so far from
each other.

~~ex~~ except my little sister that she need to sleep
with someone cuz she dream and walk while
she's sleeping.

I'm just thinking to get out of here and
study nothing else.