



REVIEW OF MENTAL HEALTH SERVICES IN AUSTRALIA FOR 2003-2008.



Introduction: Community review of services

In April 2003, the Mental Health Council of Australia launched its national review of mental health services in Australia: "Out of Hospital, Out of Mind!". The report highlighted the obvious deficiencies in care but also presented community priorities for further action. A key proposal was increased accountability. To date, we have insufficient data from government agencies about what really happens in mental health at local, regional and state/ territory levels. Consequently, the Mental Health Council of Australia, with academic support from the Brain & Mind Research Institute, is undertaking a state-by-state review of services in 2003. Our goal is to produce a report in each state/ territory to underpin urgent reform in your local area.

The study is being conducted by Professor Ian Hickie, Professor of Psychiatry and Executive Director, Brain & Mind Research Institute, The University of Sydney; and, Dr Grace Groom, Chief Executive Officer, Mental Health Council of Australia.

If you agree to participate in this study, you will be asked to complete the following questionnaire. It is not expected that you will experience any discomfort from this process. It should take you no more than 15-20 minutes to complete.

All aspects of the study, including results, will be strictly confidential and only the investigators named above and research staff will have access to information on participants except as required by law. A report of the study may be submitted for publication, but individual participants will not be identifiable in such a report.

Participation in this study is entirely voluntary: you are not obliged to participate and - if you do participate - you can withdraw at any time. Whatever your decision, it will not affect your relationship with the investigators, The University of Sydney, or the Mental Health Council of Australia.

If you would like to know more at any stage, please feel free to contact Professor Ian Hickie on 02 9556 9418. This information sheet is for you to keep.

Any person with concerns or complaints about the conduct of a research study can contact the Manager for Ethics Administration, The University of Sydney on 02 9351 4811 or at gbriody@mail.usyd.edu.au.

Instructions for completing the survey

Our intention is to evaluate the extent to which national and community priorities have been supported and are being implemented at both the local and state level. We believe that this is a unique opportunity for genuine and broad mental health sector input to priorities for the next five years.

This survey is divided into three sections:

- The first asks some demographic information about you or your service.
- The second asks you to rate how the priorities have been supported or implemented within your **LOCAL** area.
- The third asks you to rate how the priorities have been supported or implemented at the **STATE** level.

Please return the completed survey in the **reply paid** envelope enclosed or **fax to 02 9556 9171**. For any further queries, our contact details are:

Brain & Mind Research Institute
Top Floor, Broughton Hall
PO Box 1
ROZELLE NSW 2039
PH: (02) 9556 9113
Fax: (02) 9556 9171

SECTION ONE: Your details.

As part of the survey, we would like to ask you some details about yourself and the area of the mental health sector you represent. Your name (or organisation) will not be reported in connection with your responses to the remainder of the survey, so your opinions and comments remain confidential.

Are you completing this survey as an individual or on behalf of an organisation?

Individual

Organisation

Name of organisation (optional): _____

Please tick ONE of the following descriptions which BEST describes your position or role in the mental health sector, or the position or role of your organisation:

- | | |
|---|--|
| <input type="checkbox"/> Consumer of mental health services | <input type="checkbox"/> Non-government community service provider |
| <input type="checkbox"/> Carer of a person with a mental illness | <input type="checkbox"/> Mental health promotion or education |
| <input type="checkbox"/> Consumer or carer advocacy group | <input type="checkbox"/> Mental health research or evaluation |
| <input type="checkbox"/> Public provider of specialist treatment | <input type="checkbox"/> Health policy maker or advisor |
| <input type="checkbox"/> Private provider of specialist treatment | <input type="checkbox"/> Human services agency other than health |
| <input type="checkbox"/> Provider of early intervention services | <input type="checkbox"/> Other (please specify): _____ |
| <input type="checkbox"/> General practitioner | _____ |
| <input type="checkbox"/> Divisions of General Practice | _____ |

What is your postcode/ the postcode of your organisation:

Today's date: - -

day month year

SECTION TWO: Local area.

This section asks you to rate the extent to which each of the following priorities have been implemented or supported IN YOUR LOCAL AREA. Please mark the appropriate box with a cross.

	No action taken OR no support	Discussion and planning OR low level support	Implementation begun OR moderate support	Nearly complete OR high level support	Fully implemented OR full support
1. Implementation of early intervention services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Development of innovative services for people with mental health and alcohol or substance abuse disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Development of a wider spectrum of acute and community-based care settings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Implementation of the national standards for mental health services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Programs that promote attitudinal change among mental health workers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Increased support for stigma reduction campaigns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Development of specific inter-governmental service agreements (eg. between health, education, housing, employment, and social security)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. More genuine consumer participation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Direct support for 'innovation', 'research' and 'service evaluation' in mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please rate the extent to which each of the following priorities have been implemented or supported IN YOUR LOCAL AREA.		No action taken OR no support	Discussion and planning OR low level support	Implementation begun OR moderate support	Nearly complete OR high level support	Fully implemented OR full support
10.	Introduction of specific schemes to enhance access to mental health specialists	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	More genuine carer participation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Support for enhanced role of non-government organisations in all aspects of care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	Clear accountability for expenditure of mental health strategy funds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14.	Specification of clear primary care and specialist workforce roles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SECTION THREE: State level.

This section asks you to rate the extent to which each of the following priorities have been implemented or supported IN YOUR STATE. Please mark the appropriate box with a cross:

		No action taken OR no support	Discussion and planning OR low level support	Implementation begun OR moderate support	Nearly complete OR high level support	Fully implemented OR full support
1.	Development of specific inter-governmental service agreements (eg. between health, education, housing, employment, and social security)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Direct support for 'innovation', 'research' and 'service evaluation' in mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Introduction of specific schemes to enhance access to mental health specialists	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Support for specific disease prevention initiatives (eg. in anxiety, depression, alcohol or substance abuse)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Support for general mental health promotion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Support for enhanced role of non-government organisations in all aspects of care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Clear accountability for expenditure of mental health strategy funds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Ongoing support for suicide prevention campaigns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Development of datasets for monitoring the quality of local services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please rate the extent to which each of the following priorities have been implemented or supported IN YOUR STATE.		No action taken OR no support	Discussion and planning OR low level support	Implementation begun OR moderate support	Nearly complete OR high level support	Fully implemented OR full support
10.	Service development for those in forensic (i.e. prison-based) services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Specification of clear primary care and specialist workforces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Service enhancement for persons from culturally- and linguistically-diverse backgrounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	Support for community leadership in mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14.	Support for professional leadership in mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15.	Development of specific procedures for reporting Human Rights abuses or neglect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16.	Increased support for stigma reduction campaigns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you are in a regional or rural area of Australia, please answer the following question.

17.	IN YOUR STATE, what is the level of support for service development in rural and regional areas?	<input type="checkbox"/>				
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If you are in a poorly resourced area of Australia, please answer the following question.

18.	IN YOUR STATE, what is the level of support for service development in poorly resourced areas?	<input type="checkbox"/>				
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Other comments: _____

**Thank you for completing this survey.
Please return it in the reply paid envelope.**